

# SO YOU'VE GOT THE DATA, NOW SELL YOUR STORY

To Whom?



#### A bright idea ...

A 12 week communitybased physiotherapy exercise program in a local gymnasium for osteoarthritis patients that will improve health outcomes and reduce/delay the need for joint arthroplasty



definition Solutions Mu idea y Who's involved? how much others! manager. resources? needs? cuatomers Colleagues? interests? motivation?

#### **COMMISSIONERS**

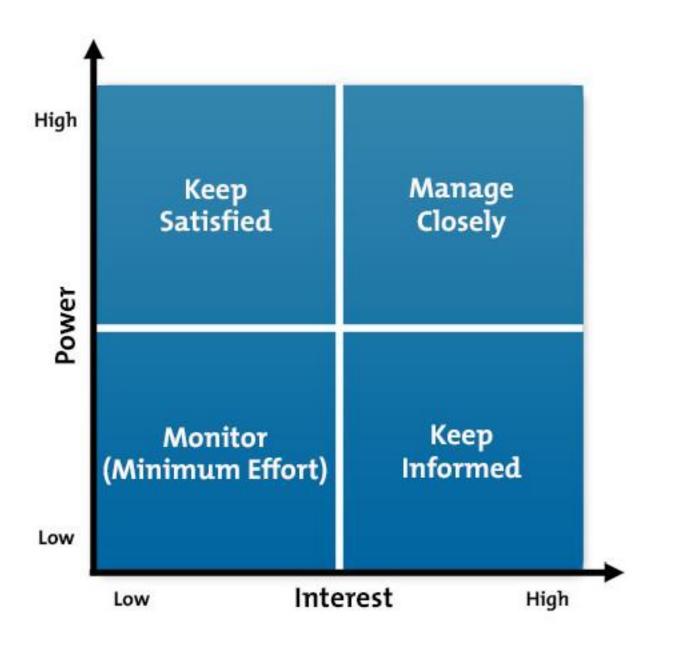












Stakeholder
Mapping and
Prioritisation
Matrix

- Who are they?
- Interest/po wer?
- How to manage?

### Understand the Competitive Advantage of your Proposal

- Unique selling points
- Know your competition
- Key stakeholders (internal and external)
- Stakeholder interest and influence



### **Options Analysis**

Dimension	Description	Long List Options
Scale, Scope & Location	What levels of coverage are possible? e.g. by levels of functionality, geographic coverage, population/user base, organisation	<ul> <li>Do Nothing</li> <li>Do minimum - short term remediation only</li> <li>Do maximum - short term fixes and long term full remediation of all affected buildings</li> </ul>
Service Solution	How can services be provided? e.g. potential solutions & answers, use of technologies	<ul> <li>Partial Off-site/onsite</li> <li>Off-site</li> <li>Full service solution on-site</li> </ul>
Implementation	When can services be delivered? e.g. timing and staging, big bang, phased, modular	<ul><li>Phased Implementation</li><li>Full Implementation</li></ul>
Service Delivery	Who can deliver the services? e.g. in-house or outsourced or alternative procurement strategies	<ul> <li>Organisation provides services on own site(s)</li> <li>Other public departments</li> <li>Private sector</li> </ul>
Funding	How can the investment be funded for both capital and operational costs?	<ul> <li>Organisation provides cash</li> <li>Crown debt/equity</li> <li>Private sector debt</li> <li>Public Private Partnership</li> <li>User charging</li> </ul>

#### **Benefit Cost Analysis**

- 1. Brainstorm costs and benefits
- 2. Assign a monetary value to the costs
- 3. Assign a monetary value to the benefits
  - Tangible/intangible
- 4. Compare the value of costs to benefits
  - Total cost / total revenue (or benefits) = length of time (payback period)













## IDENTIFYING AND MANAGING STAKEHOLDER EXPECTATIONS

Putting yourself in their shoes ...















#### **Community OA Exercise Programme**

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A structured, evidence-based 12 week physiotherapy exercise program in a local gymnasium for osteoarthritis patients that will improve heath outcomes and reduce/delay the need for joint arthroplasty

Service Commissioners	Executive Board of the Organisation	Orthopaedic Surgeons & General Practitioners	Patients
What is the cost/benefit of this proposal?	Does this fit with our strategic direction?	Do our patients need this service? What's the evidence base?	Will this really help me? (Get fitter, lose weight, reduce my pain)
What evidence supports this proposal?	Does it have the support of the Orthopaedic Surgeons and our GPs?	How will this be paid for?	Can I avoid surgery?
Will we get value for money?	What is the cost/benefit of this proposal?	What impact might this have on my surgical waiting list?	How will I get there?
Can a public/private physiotherapy partnership work?	Does our local population need this service?	"Not another Pilot !!!"	Do I need to pay?

#### **Community OA Exercise Programme**

Remember the measurement question?



Service Commissioners	Executive Boards of the Organisation	Orthopaedic Surgeons & General Practitioners	Patients
Number FTE required Full cost of FTE, incl. overheads	Patient Satisfaction	Reduced BMI Improved exercise tolerance	Community Engagement
Number of referrals	Sustained health outcomes	Reduced risk of falls	Accessibility of the programme
Benefit/Cost Sustainability	Benefit/Cost Sustainability	More appropriate surgical candidates	Programme Sustainability
Rates of complaints/compliment s		Reduced LOS following joint arthroplasty	



#### **The Elevator Pitch**



#### What is it?

- A brief, persuasive speech that you use to spark interest in what your organisation does
- It should last no longer than a short elevator ride of 20 to 30 seconds, hence the name
- Elevator pitches should be interesting, memorable, and succinct. It needs to explain what makes your proposal unique



#### The Elevator Pitch

What it is

How will you do it?

"This proposal is to ..... by .....

This will give/provide/enable/ensure .....by allowing/enabling ...., ..., and ....".

Describe/quantify the benefits

Describe the new state/proposed outcomes



#### **An Elevator Pitch**

HOW

"This proposal seeks funding to provide a community-based rehabilitation programme for osteoarthritis patients. As a team of public and private physiotherapists, we will deliver a structured, evidence-based 12 week exercise program in a local gymnasium. Patients will have improved health outcomes across a range of indicators, with lower conversion to surgery rates. This will enable scarce orthopaedic surgical resource to be optimised, and increased patient satisfaction."



**BENEFITS** 



#### Stakeholder Feedback



- I would like it to be mandatory for ALL patients with arthritis to go through the programme before being seen in secondary services – Orthopaedic Surgeon
- I like this project. It works—GP
- I've forgotten I have arthritis. I just get on with life -Participant
- Arthritis doesn't control my life now; I control it Participant
- I've never had exercises so tailored to my needs nor so much support - Participant
- I can always tell which patients have been through the programme, they do fantastically well post operatively – Orthopaedic Surgeon